



## Do I Need a Test for *PAD*?

Peripheral Arterial Disease (*PAD*) is a serious circulatory problem in which the blood vessels that carry blood to your arms, legs, brain or kidney's become narrowed or clogged. It affects more than 8 million American's most over the age of 50. It may result in leg discomfort with walking, poor healing of leg sores/ulcers, difficult to control blood pressure or symptoms of stroke and heart attack. Answers to these questions will determine if you are at risk for *PAD* and if a vascular exam will help us better assess your vascular status.

PATIENTS NAME: \_\_\_\_\_

1.	Have you had any testing on the lower part of your legs? [less than a yr]	Yes	No
2.	Do you have any discomfort in the foot,calf,buttock,hip or thigh when you walk which is relieved by rest? (e.g. aching, tingling, cramping or pain)	Yes	No
3.	Do you experience any pain at rest in your lower legs or feet?	Yes	No
4.	Do you experience foot or toe pain that wakes you from your sleep?	Yes	No
5.	Are your toes or feet pale, discolored or bluish?	Yes	No
6.	Do you have wounds/ulcers on your feet that are slow to heal (8-10weeks)?	Yes	No
7.	Do you have weak pulse in your feet?	Yes	No
8.	Have you ever suffered a severe injury to the leg(s) or feet?	Yes	No
9.	Have you ever had gangrene (black skin tissue)?	Yes	No
10.	Are you on Dialysis?	Yes	No

SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

### **Office Use Only**

DR. signature: \_\_\_\_\_

Date: \_\_\_\_\_

☐ NeedsTest

☐ Refer back to PCP